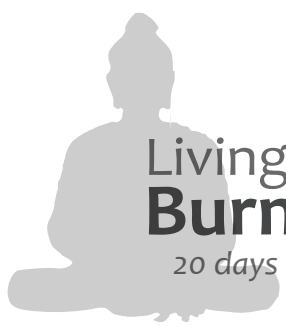


緬甸

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Living the
Burmese Days
20 days in Myanmar

Day	Where	Stay
01 13 Su	Kuala Lumpur – Yangon <Flight> MH740, 1005/1115 <Overnight> Yangon’s Motherland Inn 2 Guesthouse*	Yangon
02 14 Mo	Yangon – Kyaiktiyo For Golden Rock. Take 7 a.m. bus (bus from 7.00 a.m. to 1 p.m. every day, 30 minutes interval) from Aung Mingalar Bus Station which is 45 minutes away by car from Yangon. 4.5 hours journey cost K8000 p.p (about USD 8) <Overnight> Golden Rock Mountain, at Mountain Top Inn*	Kyaiktiyo
03 15 Mo	Kyaiktiyo – Bago – Thazi Bus to Bago, and continue with train from Bago to Thazi. Train # 013 UP departs from Bago at 2123hrs and arrive in Thazi 0717hrs (Source: www.myanmarventure.com/train) <Overnight> Train	<rail>
04 16 Mo	Thazi – Kalaw By bus (7 to 11 a.m. daily, 4 hours journey, K3000 p.p). Find local agent to arrange trek Overnight at Kalaw <Overnight> Find guesthouse on arrival	Kalaw
05 17 Mo	Kalaw – Inle Lake (trekking) Big baggage to be transported to Nyaungshwe <Overnight> Find homestay (monastery)	<trek>
06 18 Mo	Kalaw – Inle Lake (trekking) Trekking continues... <Overnight> Find homestay (monastery)	<trek>
07 19 Mo	Inthein (trekking) Ending trek at Inthein. Make way to Nyaungshwe, overnight in village. <Overnight> Find village house	Inle Lake
08 20 Mo	Inle Lake Enjoy the lake <Overnight> GIC Thale U Hotel*	Inle Lake
09 21 Mo	Inle Lake Enjoy the lake <Overnight> Inle Resort*	Inle Lake
10 22 Mo	Inle Lake – Mandalay By bus? I think we should walk... <Overnight> Find guesthouse	Mandalay
11 23 Mo	Mandalay – Bagan By slow boat (departure 5.30 a.m. every Wed and Sun, journey time 12-15 hours) <Overnight> Nyaung U (main backpackers hub, but 2 miles by bicycle to temple compound)	Nyaung U
12 24 Mo	Bagan Overnight in Bagan Hotel, Old Bagan (best location and nearest to temple compound but more expensive, but good to save time for sunrise and sunset photo ops) <Overnight> Bagan Hotel*	Old Bagan
13 25 Mo	Bagan Jalan –jalan lah! < Overnight> Bagan Hotel*	Old Bagan
14 26 Mo	Bagan (Mount Popa) Daytrip to Mount Popa <Overnight> Myinkaba Village or New Bagan (riverside)	Myinkaba or New Bagan

15 Mo	27 Bagan – Mandalay Train #119 UP 0700/1340 <Overnight> Find guesthouse	Mandalay
16 Mo	28 Mandalay – Ancient Cities of Amarapura, Sagaing and Mingun Day trip to ancient cities by hired car, as there is no licensed accommodation in the ancient cities. Popular ‘monk having breakfast’ scene at monastery is at 11.00 a.m. every day. <Overnight> Same guesthouse as the day before	Mandalay
17 Mo	29 Mandalay This is a spare day. Can go back to ancient cities if time was insufficient the day before. <Overnight> Same guesthouse as the day before	Mandalay
18 Mo	30 Mandalay – Yangon Train # 06 DN 1515/0520 next day (USD33 for sleeper), OR Air Bagan Flight W9 262 Flight time: 1050/1215 (USD86 from Sanay Travel) <Overnight> Either on train or Yangon	<train> or Yangon
19 Mo	31 Yangon Explore Yangon, overnight in Yangon and usher in New Year <Overnight> Find guesthouse	Yangon
20 Mo	01 Yangon – Kuala Lumpur <Flight> MH741, 1215/1630 End of trip. Happy New Year and start using the ‘Into the Faraway Land’ 2010 calendar!	–

Accommodation

Yangon **Mother Land Inn** – 2 No 433, Lower Pazundaung Road, Yangon, Myanmar (Burma).
Ph: 0095-1 291343, 0095-1 290348, 0095-095185395, 0095-095053206
E-mail: mli2@myanmar.com.mm Internet: <http://myanmarmotherlandinn.com>
(USD15 per night)
(right) Green building



Yangon Haven Inn – 216 Bo Myat Tun Street , Yangon, Myanmar (Burma)
Lonely Planet's Pick. Located on a relatively quiet street east of the city centre and has just five rooms. Dr. Htun, the friendly owner, is an excellent source of information. Staying in his guesthouse is a good way of experiencing Myanmar family life, while also allowing you to meet fellow travelers.
Ph: 0095-1 296449,
E-mail: phyuaung@mptmail.net.mm
(USD15 per night)

Yangon Three Seasons Hotel – 83-85 52nd Street , Yangon, Myanmar (Burma)
The sister hotel of Haven Inn. The outdoor terrace, with tree shade, is a nice place to sit and watch the world cruise on by. Nine rooms, superb part-Western, part-Burmese breakfast.
Ph: 0095-1 293304,
E-mail: phyuaung@mptmail.net.mm
(USD18 per night)

Kyaiktiyo **Mountain Top Hotel** Kyaikhtiyo Hill, near Kyaikhtiyo Pagoda, Kyaik Hto, Mon State, Myanmar
Mountain Top Hotel is adjacent to the Foreigners Registration Office and located on the top of the Mount Kyaikhtiyo and 10 minutes from the spectacular Kyaikhtiyo Pagoda (Golden Rock Pagoda) and 30 minutes from Ya-the-taung camp. Yangon is situated 230 kilometres away and the Ya The Taung Bus Station is located 5 minutes away whilst Kyaiktiyo Town is about 25 minutes drive away.
http://www.hoteltravel.com/myanmar/mon_state/mountain_top.htm
(USD53 per night)



Inle Lake Inle Resort - Inlay Lake, Southern Shan State, Myanmar.
Tel No. 081 - 209361, 209362, 09 – 5154444 Fax No. 081 - 209466
E-mail: inleresort@myanmar.com.mm Website: www.inleresort.com
(USD51 per night)
Right: Duplex cottage



Inle Lake Golden Island Cottages Thale U

The hotel is well appointed and located at Thale U Village near the most renowned ancient Phoung Daw Oo Pagoda. Easily accessible to all major tourist attractions in an around the lake. Distance in 10 miles or 20 km from the center of Nyung Shwe Township and 16 miles or 30 km from the Heho Airport.
<http://www.gicmyanmar.com>
Yangon Office: No.459 (C), Room #11, 5th Floor, New University Avenue Road, Bahan Township, Yangon, Myanmar. Tel: 95-1-549019, 700515 Fax: 95-1-559756 E-mail: gicinle@myanmar.com.mm
(USD60 per night)
Right: Superior Water Chalet



Old Bagan Bagan Hotel River View – 2 Ancient Site - Old Bagan, Between Gawdawpalin Temple & Archeological Museum, Nyaung Oo District, Mandalay Division, Union of Myanmar. The Bagan Hotel is located on the banks of the mighty Ayeyarwaddy river, right in the heart of Old Bagan, and about 10 minutes drive from the Nyaung Oo (Bagan) airport. The hotel is literally next door to both the spectacular Gawdawpalin Temple (picture right) and the Archaeological Museum, and just a few minutes walk from major must see ancient sites such as Ananda Temple "The jewel of Bagan".
TEL (95) 61 60032, 61 60317, 61 60316 • MOBILE (95) 9 204 2138, 9 204 2139, 9 204 2140 • FAX (95) 1 501123, 61 60032, 61 60317
E-mail: olbagho2@baganmail.net.mm • WEB: www.bagan-hotel.com
(USD50 per night)



Ngaung U, Bagan New Heaven – off the Restaurant Row in Nyaung U - Lonely Planet's Pick
TEL (95) 61 60921
(USD8 per night)

Others

Malaysia Airlines 335/357, Bogyoke Aung San Road, Pabedan Township, Yangon
Tel : 241007 ext : 703-6 Fax : 241124
<http://www.myanmartravelinformation.com/mti-before-you-come/airline-offices.htm>

Embassy of Malaysia 82,Pyidaungsu Yeikhta Road, Yangon, Union of Myanmar
Tel: 00951-220248/220249 Fax: 00951-221840
E-mail: malyangon@kln.gov.my Monday-Friday: 0800-1600 hours (Sat/Sun off)